

A WELCOME MESSAGE

Welcome back! My hope is that this new monthly flyer will provide concise, just in time, resources to help you as a coach in EPS. I want to sincerely thank you for your commitment to our students this year. If you have a great coaching resource you'd like to share, please email it to dmundell2@everettsd.org to be featured. As always, I am available to you as a resource at anytime. Please do not hesitate to call, text or email.

-Dani Mundell, Director of Athletics

BEST PRACTICE

Use of a rubric during tryouts, the formation of teams, or as mid season evaluations ensures a fair and objective approach. Click below for a few examples:

EHS Volleyball

<u>Basketball</u>

Website with templates for many sports

DATES TO NOTE:

- •••>8/13 Parent Square training for coaches 5-6pm @ the CRC
- ***>8/20 WESCO Football Pre-season/ tackle training 4:00pm @ Everett CRC, Everett Memorial
- ****>8/29 WESCO Fall Pre-season meetings 7:00pm @ Cascade High
- Sno-King All Middle School sports (except Wrestling/Track) meeting @ Alderwood MS

COACH SPOTLIGHT! MICHELLE CREWS CHS BOYS & GIRLS SOCCER

See page 2 to read about Michelle!

RESOURCES:

- Click here for our 2024 Summer letter which includes this years' important dates!
- 2024-2025 EPS Coach Handbook
- Click here to Join the WSCA- your membership is paid for by Everett Public Schools. Sign up by Oct. 15
- Click here for the template program overview document, reminder these are due to your AD prior to your season starting.

NEW!

Everett Public Schools now uses Parent Square as the official tool for texting communication. Please be sure to attend a training to learn more about the tool and how to utilize it with your teams and parents for effective communication.

CLICK HERE FOR PARENT SQUARE TRAININGS DATES

CLICK HERE TO SIGN UP
FOR FOOTBALL
CONCESSIONS

COACH SPOTLIGHT MICHELLE CREWS

CASCADE BOYS & ORLS SOCCER

How does coaching both Boys and Girls soccer improve your coaching ability with the opposite gender?

There certainly are differences when it comes to coaching boys and girls. However, the love for the sport and the importance of team unity are consistent between both genders. So clearly this is what matters most in coaching and because of this I am constantly asking myself – "Are they enjoying themselves? Are they unified and treating each other well? What can I do to make sure this happens?" And the answer to these questions become my focus both on and off the field."



Bruins

How do you foster your environment of inclusion among your teams?

"Every single person on the team is important and brings something to the team/game. As a coaching staff, we make sure we recognize that and although we strive for improvement, we do not expect perfection. That just isn't realistic. I'm always telling my athletes that you will make a mistake during practice or in a game, it's what you do after that mistake that matters. Our team buys into this concept, so instead of perseverating on what we may have done wrong, we support each other in our quest to improve. We rally around each other and that fosters a climate of inclusion."



What keeps you motivated in spending multiple seasons coaching?

"The athletes! The relationships they build with each other and the relationships we build with them as coaches are inspiring and motivating. Their successes are our successes and that's what it's all about."